

Regular Series

About You - Ellen Rogers

Betsy Laboe and Connie Hogan

Art and Design - John Sauve

Detroit River Project - Kimberly Simons

Bloomfield Senior Fitness - Christine Tvaroha

Chair Cardio/Strength; Cardio Interval Training; Balance, Stretch & Meditate; Gentle Moves Yoga; Strength and Balance

Boomer Health at Home - Greg Jamian

Surviving Cancer - Andy Aubrey

Bottom Line - Cindy Kainz

Acupuncture and Chinese Medicine - Dr. Serene

Eye on Oakland - Chuck Moss

Older Persons Commission - Renee Cortright

Gracefully Greying - Henry Gornbein

Avoiding Probate Court - Steven H. Malach

Health Talk - Dr. Niru Prasad

Mental Illness and Gun Violence

Managing Problems of Daily Living - Linda Sircus

Cancer Support Services at Henry Ford

Cancer Institute - Michael Ryan

Michigan Entrepreneur - Tara Kachaturoff

Entrepreneurial Success: Mindset and Planning - Josh Ashford

Michigan Planning Today - Robert Gibbs

Cemetery Planning and Design - Jack Goodnoe

Patriot Lessons - Michael Warren

How Can We Solve the Crisis in Civic Education? - Emma Humphries



Birmingham Area Public Access



Join host Cindy Kainz for ***Acupuncture and Chinese Medicine*** on this week's **Bottom Line**

Program Schedule

August 8, 2022 - August 15, 2022

Comcast Channel 18

WOW Channel 18

AT&T Channel 99

Birmingham, Beverly Hills, Franklin and Bingham Farms

In Our Community

Baldwin Public Library

Wonder Women of Birmingham: Ruth Shain

Bloomfield Historical Society

A Retrospective with Award-Winning Photojournalist and Author Linda Solomon

Bloomfield Republican Women's Club

Journalist and Author James Simpson

In the Park Concert

Thornetta Davis

Plant Based Nutrition

Disease Reversal: A Life-Saving Idea Whose Time Has Come

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8:00 am Agebusters
 9:00 am Baldwin Public Library
 10:00 am Sr. Fitness: Cardio Interval Training
 11:00 am Health Talk
 11:30 am About You
 12:00 pm Patriot Lessons
 12:30 pm Managing Problems of Daily Living
 1:00 pm Sr. Fitness: Balance, Stretch, Meditate
 2:00 pm Michigan Planning Today
 2:30 pm Boomer Health at Home
 3:00 pm Art and Design
 3:30 pm Bottom Line
 4:00 pm Michigan Entrepreneur
 4:30 pm In the Park Concert
 6:30 pm **Community Bulletin Board**
 7:00 pm Bloomfield RWC
 8:30 pm Bloomfield Historical Society
 10:00 pm In the Park Concert

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8:00 am Agebusters
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 1:00 pm Sr. Fitness: Gentle Moves Yoga
 2:00 pm Art and Design
 2:30 pm Plant Based Nutrition
 4:30 pm In the Park Concert
 6:30 pm **Community Bulletin Board**
 7:00 pm Bottom Line
 7:30 pm Boomer Health at Home
 8:00 pm Patriot Lessons
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 11:00 am Boomer Health at Home
 11:30 pm Gracefully Greying
 12:00 pm In the Park Concert
 2:00 pm Eye on Oakland
 2:30 pm **Community Bulletin Board**
 3:30 pm Lutheran Church of the Redeemer
 4:30 pm Bloomfield Historical Society
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Watch your favorite show on Video on Demand! Go to www.bloomfieldtp.org/VOD